



## COMMUNITY MENTORING PROGRAMME

*This programme is adapted from The Prince Trust*

*Redesigned by Mark Silva - President*

### OUR MISSION :

*The mission of the Community Mentors project, which operates under the Youth Goan Association, is to facilitate lifelong learning for young individuals. The ultimate goal is to equip them with the skills to become future leaders and self-advocates. The project seeks to offer opportunities for young people to learn from their mistakes and set achievable goals, thus enabling personal growth. Additionally, the project aims to provide support for young people struggling with mental health issues.*

### WHAT IS COMMUNITY MENTORING AT YGA UK?

Community Mentoring at the Youth Goan Association UK involves providing ongoing personal support, guidance, and motivation to young people throughout and beyond our programs, especially during critical transitions, and for an extended period of time. It aims to offer assistance, inspiration, and encouragement to help individuals achieve their goals.

The program duration is 6 to 12 weeks, and if the mentor deems necessary, the young person may continue to receive services beyond that period.

### REFERRAL FORMS

To make a referral, the school or any organisation can refer a young person to us. Alternatively, parents can refer their child if they feel that their child would benefit from our support. <https://forms.gle/1mWLGtZf1AaTmc49>

The following criteria are used to identify potential mentees:

- - Low self-esteem
- - Lack of confidence
- - Behavioural issues
- - Inappropriate content

- - Relationship issues
- - Social isolation
- - Lack of community integration

Please note that young people who fall under the following categories are not eligible for mentoring:

- - Those under safeguarding guidance
- - Those currently receiving support from a counsellor
- - Those under protection.

As part of the project, we will collaborate with schools to offer personalised mentoring to young individuals. Our association will work closely with various services in Ealing, providing guidance and referring young people or parents to additional support if required. We are committed to standing by them every step of the way.

**Contact details to find out more about this project:**

**Mark Silva** - Community Mentor Coordinator - 07585693669 / [info@younggoan.co.uk](mailto:info@younggoan.co.uk)



YOUTH GOAN  
ASSOCIATION UK

**"Uniting the youth, preserving the culture - the Youth Goan Association,  
where tradition meets innovation!"**

The Youth Goan Association is a non-profit organisation committed to providing assistance to both young individuals and their parents. Through a variety of services and support, the association strives to promote the growth and well-being of the community.

- Mentoring
- Career Advice
- Tuitons
- Sports Coaching
- Speaker Series
- Educational Workshops
- Housing Advice
- Citizens Advice
- Financial Crisis Signposting
- EU settlement/ Visa
- School Advoacy
- Parental Workshops



### OUR SCHOOL SUPPORT PROJECT

The Community Mentors project, a part of the Youth Goan Association, aims to enable lifelong learning and leadership development for young people. The project offers support for personal growth, goal-setting, and mental health issues.

At Youth Goan Association, we're here to help every child, every need, every time!

Don't hesitate, elevate a child's life - contact us now to refer!

CALL US ON 07404908188 OR EMAIL US ON [info@younggoan.co.uk](mailto:info@younggoan.co.uk)

Made with PosterMyWall.com

[www.youthgoanassociation.co.uk](http://www.youthgoanassociation.co.uk)